

Only Uni discussion questions

1. Trish comes up with what she thinks is a foolproof plan to get her relationship right with God, complete with rules about guys. What is admirable about her plan, and what doesn't seem helpful? How does the plan work out?
2. Trish is impulsive and likes going "onto something new," even in her walk with the Lord. Are you disciplined or impulsive? Does your relationship with Jesus tend more toward Trish's natural inconsistency or her new legalism? What, if anything, can we do to keep our lives balanced and genuine?
3. Trish had a weakness for cute guys, to the point that it distracted her from God and threatened her spiritual purity. What is a weakness that causes you to be tempted to displease God? How can you avoid situations that tempt you? What can you do when you can't avoid the temptation?
4. Trish finally got up the courage to go all-out in worship despite the judgments of those around her. Do you struggle to ignore others' opinions of you while you worship? How do you overcome that?
5. Trish's family had a hard time accepting her authentic change. Have you had a similar struggle? How can we, as Christians, be more supportive of people's growth. How can we more effectively give people "permission" to change and not hold their past against them? How do you overcome people's expectations of you? Are you guilty of putting false expectations on others?
6. Kazuo tried to exert his control over Trish. Many women struggle with this. How can this be avoided? What do you do when you see a friend in this situation?
7. Grandma says, "You put your God over your family. That's shameful." Why does Grandma say this to Trish? Why does Grandma believe it? When, if ever, did you have to put God over your family? What challenges God for top spot in your life?
8. Both Lex and Spenser pointedly tell Trish that she "doesn't have to be perfect." But Trish struggles with feeling God's forgiveness. When have your feelings not lined up to your Biblical head-knowledge? Why? What lies have you believed to be true? What lie has Trish believed about God's character?
9. Trish confesses her sin to the church, expecting them to shun her. Instead they embrace and welcome her, faults and all. Many unsaved people have that same opinion that Trish did: that they are not good enough for church. How can we change their minds?
10. The Sushi Series gives readers a glimpse into the Asian family dynamics, a topic that is not often discussed in Christian Chick Lit. How is this Asian culture similar or different from the culture in which you live? How are the cultures the same? Do we all have overbearing relatives and nosy family gatherings? How is it different? Does your

culture embrace certain foods and celebrations like the cousins' families? Or is your culture a mix of two or more heritages?